

Fashionable, Functional, Eco-Friendly Finds



HER Design Bags

Want to be eco and elegant? You can be both with handbags from HER Design. Designer Helen E. Riegle utilizes earth-friendly resources, including organic cotton, hemp and linen as well as Treetap® wild rubber, to create high-style bags. KIWI'S favorites? The Leaf is our choice for a great work bag. Use the Mushroom or Lotus for a diaper bag or lugging kids' belongings. To fulfill your need for stylish fun, consider the Vine or Petal. Two more reasons to love HER: the company uses fair labor and commits 2% of gross sales to environmental and youth-oriented causes. (\$72 to \$185, www.her-design.com)

Patemm Pad

Changing diapers is daunting enough at home, but on the go it can be a nightmare. Enter the patemm pad—a simple and smart alternative to diaper bags and rectangular mats. Invented by a mom, these beautiful pads are big and round to accommodate squirmy infants and fold into a sleek square with a handle for easy carrying. You can tuck clean diapers, wipes and a change of clothes into the pad's side flaps prior to folding for storage. Patemm pads in the algodon (cotton) collection are machine washable, and one print is made with organic cotton. The kinaban print (pronounced keenah-ban, the word means “world/earth” in Tagalog) uses 233-thread-count, organic cotton sateen. (\$78 to \$88, www.patemm.com)



—S.G.

Photo by Naoki Nitta



Star Family

by Michelle Harris

Michelle Harris is a lifestyle guru and the host of “Alive & Well with Michelle Harris”, a national television series devoted to natural beauty, nutrition, healthy eating and all the latest healthy lifestyle trends. Alive & Well airs twice daily nationwide on AmericanLife TV Network. For more information visit www.aliveandwell.tv.

Cookies that Don't Bite Back



How do celebrity moms manage to snack on cookies and keep themselves and their families healthy? Cookies from Nana's Cookie Company are favorites of Madonna and Lisa Rinna (*Dancing with the Stars*). Some are wheat-free, and all are

dairy-free and contain no refined sugar or eggs. Madonna loves these treats so much that she had them shipped overnight to London before they were available in stores.

Virtual Workout with Jackie Chan



Jackie Chan, star of action films and martial-arts expert, offers a way for you and your family to get fit while playing video games. The new Jackie Chan's Fitness Studio by XaviX consists of interactive video games that provide challenging boxing workouts for parents and children at every fitness level.

The workouts bring you right into the action, letting you box with Jackie Chan and run through the streets of Hong Kong. These games increase endurance and hand-eye coordination, and they are so entertaining that you may not even realize you're exercising. (\$59.99 for Powerboxing, www.xavixstore.com)

